

More than 80 per cent of
Tasmanian adults and about
91 per cent of Tasmanian
secondary students
do not smoke regularly.

People who start smoking as teenagers are more likely to become regular smokers, smoke heavily, find it hard to quit and are at a greater risk of getting a smoking-related disease.

Most adult smokers say they wish they'd never started smoking and that they would like to stop. In fact, around 80 per cent of Australians who do smoke have tried to quit.

Who doesn't smoke?

You!

