



Youth Health South (Pulse)



✉ 2 Terry Street, Glenorchy

☎ 61661421

✉ pulse@ths.tas.gov.au

Monday to Friday 9am–5pm (closed between 12 noon –1pm) to see a worker (no appointments needed).

Pulse Youth Health South provides health promotion, prevention and early intervention for young people aged 12 to 24 years in southern Tasmania. The service offers individual support to young people wanting to quit smoking, including young pregnant women. The service also provides a range of direct health services, provides health information and education and referrals to other services.

The Link Youth Health Service



✉ 57 Liverpool Street, Hobart

☎ 6231 2927

✉ healthhelp@thelink.org.au



Monday to Friday 9am–5pm (Wednesdays 11am–5pm)

The Link provides health services free for young people aged between 12 to 25 years. Young people can get free confidential support in a safe and friendly environment.

Youth Health Workers are available without an appointment. Workers provide a range of support to young people including referral to external service providers and support for any health issues. Young people can access brief support or longer term counselling and support to assist them becoming smoke free.





Holyoake Tas

✉ 127 Davey Street, Hobart

☎ 6224 1777

✉ admin@holyoake.com.au

Holyoake provides a specialised service for children, adolescents, adults, families and communities seeking assistance to manage challenges associated with alcohol, drugs and other addictive behaviours. Holyoake is able to support young people who are interested in becoming smoke free.

Glenorchy Illicit Drug Service (GIDS)

✉ 436 Main Road, Glenorchy

☎ 6213 3636 or 1800 243 232

www.anglicare-tas.org.au

GIDS is a free service for young people aged 12 to 25 and parents, family members and significant others who are affected by the young person's drug use; including smoking. GIDS cover Hobart's Northern Suburbs, Derwent Valley and Brighton Municipalities.

Youth Assist – Youth Health Services Clarence

✉ Room 12, Clarence Integrated Care Centre

Bayfield Street, Rosny Park

☎ 62471230

cpys@netspace.net.au

Tuesday 2pm–5pm youth worker on site

Friday 2pm–5pm youth worker on site

Alcohol and other drug counsellor via appointment

Youth Assist is a free, confidential health and general referral service and sexual health clinic.

Youth workers and health professionals are on site to provide support to young people aged 12 to 24 years old.

You can talk to a youth worker about smoking cessation and support and you are also able to make an appointment to see an alcohol and drug counsellor for further support.

